



Team Saval Internships

Summer 2026

OVERVIEW

Since taking office in December 2020, State Senator Nikil Saval has been a progressive champion on housing, climate, criminal justice, and worker-related issues. His commitment to solidarity and justice for working people and his focus on coalition building has carried him from his roots as a labor organizer to Pennsylvania's General Assembly, where he currently serves as Democratic Chair of the Senate's Urban Affairs & Housing Committee and Chair of the Senate's Philadelphia Delegation. In 2022, Senator Saval introduced and championed the Whole-Home Repairs Program, which was signed into law as part of the Pennsylvania 2022–2023 budget. In 2025, Senator Saval led the legislative fight to save SEPTA, working closely with a coalition of transit advocates and riders in elevating transit funding as a top issue in the state budget.

Senator Saval is committed to building grassroots power with working people and communities for the purpose of achieving a safer, more inclusive, and more equitable world that is rooted in respect and dignity for all. In service of this mission, we need not just a few leaders, but thousands. *We hope you will become one of them!*

INTERNSHIPS

The Office of State Senator Nikil Saval currently seeks [two full-time interns for Summer 2026](#). Interns will work approximately 30 hours per week for 10 to 12 weeks. Internships will run from late May through early August, depending on the interns' availability.

Team Saval interns gain real experience and knowledge of all aspects of a busy state legislative office. As such, **interns will split their time across three main components: legislative work, constituent services work, and communications work.**

Responsibilities

In partnership with the Legislative team, interns will gain familiarity with the state's legislative process, including:

- Conducting policy research and producing bill summaries, policy briefs, and co-sponsorship memos;
- Engaging with stakeholders, constituents, and lobbyists on legislative efforts; and
- Occasionally staffing Senator Saval in Harrisburg when the Pennsylvania Senate is in session.

In partnership with the Constituent Services team, interns will learn how to support First Senatorial District constituents in navigating state and local government, including:

- Answering constituent outreach via phone calls, texts, and emails;
- Organizing and staffing events, including budgeting, siting, stakeholder engagement, programming, logistics, and coordinating with the communications team (creating prep docs, taking photos/videos, and drafting event summaries); and
- Interacting with other state agencies and offices on behalf of our constituents.

In partnership with the Communications team, interns will cultivate the technical skills of communications work passed through an organizing lens, including:

- Developing e-newsletters and social media content and designing event/program fliers, posters, and graphics;
- Writing remarks for the Senator and talking points on legislative and policy issues the office; and
- Drafting advisories, press releases, and other related content and tracking relevant media.

Hours and Compensation

Summer 2026 interns will work full-time (approximately 30 hours per week) out of Senator Saval's two Philadelphia offices (both our North District Office [at 1434 Germantown Avenue] and our South District Office [at 1107-09 South 6th Street]), with frequent travel throughout the district and occasional travel to Harrisburg.

The Pennsylvania Senate Democratic Caucus offers interns compensation of \$15/hour. Interns enrolled in college programs may also receive course credit.

Qualifications

Interns must be ages 18 and older and have completed their high school degree or high school equivalency.

Applications

To apply: Submit a cover letter and resume (maximum 1 page each) via bit.ly/savalsummer2026.

Your cover letter should state your interest in working in our office and how your time here will fit with your future plans. **Your resume** should highlight relevant experience (for instance, employment, volunteer work, advocacy, formal and informal education). **Do not use AI for your application materials.**

Applications must be submitted via the [web form](#) to be considered.

For questions, call Senator Saval's district office at 267-668-3550 or write to his Deputy Chief of Staff, Natasha Cahill (natasha.cahill@pasenate.com).

Interested candidates should submit their application materials by 5pm on Friday, February 20, 2026. Applications will be reviewed on a rolling basis.

We do not discriminate in employment on the basis of race, color, religion, sex (including pregnancy and gender identity), national origin, sexual orientation, marital status, disability, genetic information, age, membership in an employee organization, retaliation, parental status, military service, or other non-merit factor. We are committed to creating a diverse, inclusive and harassment-free environment for all employees.